



## WJHSD Elementary & Intermediate Lunch Menu April 2025

### Lunch Prices

Student \$3.15/\$3.95(T)  
Reduced \$0.00  
Adult \$4.65/\$5.55(T)

Checks can be made payable  
to "WJHSD Cafeteria Fund"

Online payments can be made  
at [www.payforit.com](http://www.payforit.com)  
Instructions can be found  
at [www.wjhsd.net](http://www.wjhsd.net)



Manage your child's lunch account  
at [www.schoolcafe.com](http://www.schoolcafe.com)  
See what they are purchasing  
Get low balance alerts  
and more!  
Instructions can be found  
at [www.wjhsd.net](http://www.wjhsd.net)



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USDA is an equal opportunity provider and employer

Monday	Tuesday	Wednesday	Thursday	Friday
<b>3/31/25</b> PICNIC DAY Hamburger / Cheeseburger or Hot Dog	<b>4/1/25</b> Soft Shell Beef Taco or Meatball Hoagie	<b>4/2/25</b> General Tso's Chicken (T) Served over rice or Mongolian Beef	<b>4/3/25</b> Spaghetti with Meatballs or Pizza Sticks	<b>4/4/25</b> Macaroni & Cheese w/ soft pretzel stick or Popcorn Shrimp(T)
<b>Featured Veggies:</b> Baked Beans Celery Sticks Choice of Fruit & Milk <b>Nacho Lunch Pack</b>	<b>Featured Veggies:</b> Oven Fries Cherry Tomato Choice of Fruit & Milk <b>Nacho Lunch Pack</b>	<b>Featured Veggies:</b> Steamed Broccoli Cucumber Salad Choice of Fruit & Milk <b>Nacho Lunch Pack</b>	<b>Featured Veggies:</b> Steamed Green Beans Caesar Salad Choice of Fruit & Milk <b>Nacho Lunch Pack</b>	<b>Featured Veggies:</b> Red Pepper Strips Romaine Salad Choice of Fruit & Milk <b>Nacho Lunch Pack</b>
<b>4/7/25</b> Hot Ham & Cheese on a Pretzel Bun or Popcorn Chicken	<b>4/8/25</b> Nachos Grande or Mini Corn Dogs	<b>4/9/25</b> Italian Meatball Hoagie' or Chicken Patty On a wg Bun	<b>4/10/25</b> Toasted Cheese Sandwich or Pulled Pork BBQ On a wg Bun	<b>4/11/25</b> Big Daddy's Pizza (T) or Potato & Cheese Pierogies
<b>Featured Veggies:</b> Oven Fries Celery Sticks Choice of Fruit & Milk <b>Breadstick Lunch Pack</b>	<b>Featured Veggies:</b> Black Beans Tomato Salsa Choice of Fruit & Milk <b>Breadstick Lunch Pack</b>	<b>Featured Veggies:</b> Sliced Cucumbers Romaine Salad Choice of Fruit & Milk <b>Breadstick Lunch Pack</b>	<b>Featured Veggies:</b> Tomato Soup Coleslaw Choice of Fruit & Milk <b>Breadstick Lunch Pack</b>	<b>Featured Veggies:</b> Broccoli Florets Ranchero Carrots Choice of Fruit & Milk <b>Breadstick Lunch Pack</b>
<b>4/14/25</b> Spaghetti with Meat sauce or Pepperoni Calzone(T)	<b>4/15/25</b> Walking Tacos or Chicken Quesadilla Pizza	<b>4/16/25</b>  <b>Early Dismissal</b>  No Lunch Service	<b>4/17/25</b>  <b>Spring Recess - Schools Closed</b>	
<b>Featured Veggies:</b> Steamed Green Beans Ceasar Salad Choice of Fruit & Milk <b>Pizza Lunch Pack</b>	<b>Featured Veggies:</b> Shredded Lettuce & Tomato Chic Pea Salad Choice of Fruit & Milk <b>Pizza Lunch Pack</b>			
<b>4/21/25</b>  <b>Spring Recess - No School</b>	<b>4/22/25</b> Nacho Grande Tortilla Chips or Taco Pizza  <b>Featured Veggies:</b> Black Beans Cherry Tomatoes Choice of Fruit & Milk <b>Yogurt Lunch Pack</b>	<b>4/23/25</b> Boneless Wings Choice of Sauce or Italian Dunker with Dipping Sauce  <b>Featured Veggies:</b> Baby Carrots Celery Sticks Choice of Fruit & Milk <b>Yogurt Lunch Pack</b>	<b>4/24/25</b> Chicken Patty On a wg Bun or Spaghetti & Meatballs  <b>Featured Veggies:</b> Steamed Green Beans Caesar Salad Choice of Fruit & Milk <b>Yogurt Lunch Pack</b>	<b>4/25/25</b> Belgian Waffles with Sausage Patty or Breakfast Sandwich on a Croissant  <b>Featured Veggies:</b> Hashbrowns Cinnamon Apples Choice of Fruit & Milk <b>Yogurt Lunch Pack</b>
<b>4/28/25</b> Chicken Nuggets with Whole Grain Roll or Meatball Hoagie  <b>Featured Veggies:</b> Green Peas Celery Sticks Choice of Fruit & Milk <b>Nacho Lunch Pack</b>	<b>4/29/25</b> Walking Taco with Dorito Chips or Hot Dog On a wg Bun  <b>Featured Veggies:</b> Tater Tots Carrot Sticks Choice of Fruit & Milk <b>Nacho Lunch Pack</b>	<b>4/30/25</b> Cheeseburger On a wg Bun or General Tso Chicken(T) over rice  <b>Featured Veggies:</b> Cucumber Slices Mandarin Oranges Choice of Fruit & Milk <b>Nacho Lunch Pack</b>	<b>5/1/25</b> Grilled Chicken and Broccoli Alfredo over Penne or Pepperoni Roll with Dipping Sauce  <b>Featured Veggies:</b> Steamed broccoli Chic Peas Salad Choice of Fruit & Milk <b>Nacho Lunch Pack</b>	<b>5/2/25</b> Macaroni & Cheese with a Soft Pretzel Stick or Big Daddy's Pizza(T)  <b>Featured Veggies:</b> Side Salad Baby Carrots Choice of Fruit & Milk <b>Nacho Lunch Pack</b>

Looking for Nutritional information? Go to [SchoolCafe.com](http://SchoolCafe.com). Instructions are on the District Website

### What is a Meal?

You must choose at least 3 of the 5 components available for the school lunch price. A minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch  
Meat or meat alternate  
Choice of Vegetable  
Choice of Fruit  
Grain/Bread  
Choice of Milk - 1% white, fat-free chocolate, vanilla and strawberry

### Weekly Vegetable Subgroups May Include:

Dark Green - spinach, broccoli, romaine and spring salad  
Red/Orange - carrots, sweet potatoes, tomatoes and red peppers  
Legumes - beans and peas  
Starchy White - potatoes, corn, peas and lima beans  
Other Vegetables - celery sticks, cucumbers, cauliflower, green peppers, green beans, cabbage and green peppers

### Daily Fruit Selections May Include:

oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple and mandarin oranges

### Leave Your Lunch at Home

Daily entrée alternate options may include:

Garden Salad with Grilled Chicken and a Whole Wheat Roll  
or  
WOW Butter & Jelly Sandwich

Try Our Version of the Launchable, the "Lunch Pack"!!! The Lunch Pack of the week choices may include: Yogurt and Cheesy Stick, Make your Own Pizza, Ham & Cheese Cubes with Crackers, Grilled Chicken with Crackers, Nacho Chips with Salsa and Shredded Cheese, or Breadsticks with Dipping Sauce. All come with a fruit, a vegetable, and a milk included!